

The ***Veg of the Month*** for **September** are **baby veggies**, with **Jerusalem artichokes** taking the lead!

Because this time of the year is a bit of a transitional zone, the summer veg are a little small and waiting for warmer weather to flourish. So the best thing to do is focus on the smaller vegetable versions such as baby lettuce, baby carrots and Jerusalem artichokes.

What to do with your veg in September

- With a spring attitude, harvest the last of those winter veggies in preparation for spring
- Keep the ground well mulched
- Sow green manure in between veggies
- If the rain ceases and it dries up a bit, water regularly to promote growth
- Foliar spray with seaweed
- Sow seed trays and transplant seedlings

Other veg to be planted in September are the same as those to plant in August and include beans, beetroot, cabbage, celery, cucumber, radish, strawberries, turnip, peppers and peas.

Pop into Starke Ayres Garden Centre to stock up on this month's healthy winners.