

Effective Micro-organisms

Effective Micro-organism (EM) Technology is a term given to a few organisms that mainly work anaerobically i.e. without needing oxygen. These good bugs co-exist for the benefit of their environment into which they are introduced. EM speed up decomposition, are good for your garden and completely safe to use in your home.

The Bokashi Bucket

One of the EM products sold at Starke Ayres Garden Centre is Bokashi.

Bokashi is a Japanese term meaning fermented organic matter. It consists of sawdust and bran that has been impregnated with these effective micro-organisms.

The Bokashi Bucket system works by placing your kitchen waste into the bucket or container and sprinkling a layer of EM Bokashi over it. This increases microbial activity, speeding up the breakdown of composted matter. The air-tight lid provides an ideal environment for anaerobic fermentation to take place, controlling odours and flies. This system can be stored under the sink, with no odours filtering out into the kitchen!

When fermentation is complete, the “pickled” kitchen waste can then be buried in the garden to complete the breaking-down process, ready for the next cycle to begin.

By using the Bokashi Bucket system, not only will you be recycling your own waste, but you will be doing so in a sustainable matter by maintaining a greener home and playing your bit in the larger ecosystem.

